

FOR MEN, WOMEN AND ADOLESCENTS OUTPATIENT & INTENSIVE OUTPATIENT

www.sacredheartcenter.com

Sacred Heart Rehabilitation Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

Sacred Heart provides outpatient services at several locations throughout Michigan. These services offer a course of treatment as an alternative to residential care or continuing treatment for individuals who have completed residential care. These services are specifically tailored to promote the recovery of each individual client. Course of treatment may include a blend group therapy, interactive group didactics, specialty groups, 12-step groups and individual therapy.

GROUP THERAPY

Group therapy is offered daily. Each client is assigned to a therapy group that would appear to be the best match for his or her particular needs. Group therapy typically lasts approximately 90 minutes.

INTERACTIVE GROUP DIDACTICS

Each client attends a didactic group that lasts approximately 90 minutes. The didactic groups cover such topics as:

- Disease Concept •Spirituality •Coping Techniques •Motivation •Recovery Process
- Thinking Errors •Relapse Process and Prevention •Denial •Cross Addiction •12-Steps
- Self-Awareness

SPECIALTY GROUPS

Specialty groups consist of one to five interactive sessions per topic, each session approximately 90 minutes in length. Each session involves the client's active participation in a structured learning activity.

INDIVIDUAL THERAPY

Individual therapy is provided at least once each week in Intensive Outpatient. Individual therapy sessions generally last approximately 60 minutes. They may also take the form of conjoint or family sessions.

Continuum of Care

- Detoxification Services
- Residential Treatment
- Women's Specialty Services
- Outpatient Services
- Prevention Services
- HIV/AIDS Care Services
- Supportive Independent Living Services

Outpatient Locations

Algonac, MI
P: 810-794-4982
F: 810-794-7592

Bay City, MI
P: 989-894-2991
F: 989-895-7669

Detroit, MI
P: 313-245-4357
F: 313-371-6139

Flint, MI
P: 810-732-1652
F: 810-732-1735

Madison Heights
P: 248.658.1116
F: 248.658.1120

New Haven, MI
P: 586-749-5173
F: 586-749-6724

Port Huron, MI
P: 810-987-1258
F: 810-987-3505

Warren, MI
P: 888-558-7472
F: 586-558-8802

State Licensed and accredited by CARF.

Sacred Heart Rehabilitation Center, Inc., is a nonprofit, non-denominational 501(c)(3) organization.



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