OUR MISSION
Sacred Heart Rehabilitation Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

Call toll free 888.802.7472
Residential admissions: 24 hours a day 7 days a week.

PAYMENT
Treatment is covered by most insurances, with expert assistance provided to determine the availability of benefits or additional financial options.

LICENSURE
Sacred Heart Rehabilitation Center, Inc., is state licensed and CARF Accredited.

501(c)(3) organization.

connect with us
www.sacredheartcenter.com
Federal, State and/or Local funding has been provided through Local and Regional Coordinating, Community Mental Health and PIHP Agencies to support project costs and services.

Pregnant and parenting women are a priority for admission to treatment services.

Printed in house by Sacred Heart Rehabilitation Center, Inc.
We realize that no two people are alike, so why would your care not reflect this individuality. It will.

At Sacred Heart Rehabilitation Center we specifically tailor our behavioral health services to promote a personalized recovery from mental health and substance use disorders for you and your family.

Yes, It’s all about you.

We blend all our services with evidence-based therapeutic techniques. Each individual plan can call for a combination of group therapy, individual therapy, specialty group, didactic education offerings, recreational activities, 12 Step groups and peer support matched to his or her needs and readiness to change.

We acknowledge that there are many barriers to recovery but they should not include; financial, cultural, racial, ethnic, gender, age, lifestyle or other irrelevant barriers. Regardless of our clients social and economical status they should have the right care at the right time, in the right setting.

We want you to feel confident that you have trusted your or a family member’s treatment needs to a highly certified staff.

Whether through our medically monitored detoxification services, residential inpatient programs, women’s specialty services, comprehensive outpatient services, HIV/AIDS care services, preventative services, supportive independent living services, adolescent services, or medication assisted treatment services a client’s personal recovery can be achieved and your behavioral health needs will be met.

Visit www.sacredheartcenter.com for more information.

Sacred Heart Rehabilitation Center has been an answer to this question for over forty five years, proving mental health and substance use disorders are treatable and recovery does happen.

In the field of behavioral health services many things are categorized, but we believe our clients need to be treated as individuals.

We know that recovery is personal and your personal plan for recovery must reflect your individuality. After all, it’s your recovery.

Most clients can say that they are not alone in their mental health and substance use disorder. It’s a progressive disease that tests the love and support of their families and friends. That is why we individually tailor our service to the needs of both the client and his or her impacted loved ones.

Sacred Heart addresses the need for safe, medically monitored detoxification that stems from the dangerous physical symptoms that can accompany withdrawal. We operate a physician directed sub-acute detoxification unit with nursing and laboratory support. We specialize in a variety of substance abuse detoxification protocols.

Sacred Heart residential programs are designed to break the chemical dependency cycle, develop the awareness of the need for total abstinence, initiate the client into an ongoing program of recovery through group therapy and group didactics.

Sacred Heart offers women’s specialty services in both outpatient and residential settings. We exclusively provide services to women who are in need of bringing their children into treatment and pregnant women. These programs incorporate a variety of women’s specific services with a course of substance abuse treatment. Medication Assisted Treatment is available for pregnant women.

Sacred Heart outpatient services is a blend of group, individual therapy, interactive group didactics, specialty groups and 12 step groups. These services treat behavioral health issues such as; Depression, Anxiety, Relationship Difficulties, Grief, Trauma, Loss, Addictions, Eating Disorders, Fears, Phobias, Conduct Disorders, and Attention Deficit Disorders.

Sacred Heart prevention services are evidence based with programs aimed at preventing or reducing problems associated with substance abuse. These services include after school programs, community coalitions and outreach, media campaigns, support services for children of parents with addictions, tobacco education/intervention, speaking engagements and classes for first time DUI and drug offenders.

Sacred Heart provides free confidential HIV/AIDS care services to individuals living with HIV/AIDS. These services include care case management, client and class advocacy, prescription, dental, housing, and emergency assistance, information and referral, HIV testing, food pantry, prevention education and client education sessions.

Sacred Heart provides a successful transition to the community with housing that is safe, secure, and free of substances. Housing is low-cost with a level of peer supervision and support for recovery. We offer the supportive independent living to women and women with children whom are engaged in our outpatient continuum of care services.
Sacred Heart Rehabilitation Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

Sacred Heart addresses the need for safe, medically monitored detoxification that stems from the dangerous physical symptoms that can accompany withdrawal. Depending on the nature of the drug of choice, the pattern of use and the medical history of the client, withdrawal can be traumatic to critical body functions and systems. We can treat the symptoms of withdrawal in a safe environment that is equipped and staffed for the effective management of those symptoms. Providing these necessary elements we can assist a client in completing a safe detoxification.

DETOXIFICATION SPECIALTIES
At our Richmond campus and our Serenity Hills program, we offer a variety of detoxification services. These locations offer physician-directed, sub-acute detoxification units with nursing and laboratory support and specialized opiate (including methadone at our Richmond Campus) detoxification.

These programs provide specialized opiate detoxification services (including methadone detoxification), using protocols incorporating the use of methadone or buprenorphine (in the formulation of Suboxone), where appropriate.

In addition to medical services provided during detoxification, these clients will have access to our residential treatment services. Clients will have access to a certified therapist who will conduct group therapy, individual therapy and interactive group didactics covering a variety of topics. A therapist will also meet with the client to discuss continuum of care options.

Residential treatment orientations are also offered to detoxification clients whom are moving onto the next level of care, to ensure a comfortable transition.

Sacred Heart has an emphasis on movement of a client across a continuum of services in multiple levels of care. Sacred Heart coordinates with the providers of subsequent levels of care for clients completing any of our programs to assure continuity in the treatment process.

Continuum of Care

• Detoxification Services
• Residential Treatment
• Women’s Specialty Services
• Outpatient Services
• Prevention Services
• HIV/AIDS Care Services
• Supportive Independent Living Services
Sacred Heart Rehabilitation Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

The residential programs are individually tailored to each client to break the chemical dependency cycle, develop the awareness of the need for abstinence and initiate an individual into a program of recovery. These programs can include lectures, interactive educational groups, group therapy, individual therapy, self-help groups, didactics groups, specialty groups and recreational activities. Along with scheduled meals and snacks, an assessment of dietary specialty needs will be conducted, as needed.

Some clients may require onsite detoxification services before entering a residential program. Detoxification services are provided at our Richmond campus and our Serenity Hills program. These services can be a stand-alone service or a beginning process to residential treatment.

Clients in detoxification are medically monitored by physicians and nursing staff. Clients receiving detoxification services will have access to a therapist and recovery programing. An orientation is also provided for clients after detoxification to ease their transition into the residential program.

Clients in our General Adult Residential and Clearview Residential program also have access to onsite medical services.

Clients on medication assisted recovery programs but actively abusing illicit substances are welcomed into our residential programs.

We are one of a very few treatment centers capable of providing and willing to provide residential services for individuals engaged in a medication assisted recovery plan.

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### Continuum of Care

- Detoxification Services
- Residential Treatment
- Women’s Specialty Services
- Outpatient Services
- Prevention Services
- HIV/AIDS Care Services
- Supportive Independent Living Services

RESIDENTIAL LOCATION

**RICHMOND, MI**
P: 810.392.2167
400 Stoddard Road
Richmond MI 48062

**BERRIEN CENTER, MI**
P: 269.815.5500
6418 Deans Hill Road
Berrien Center, MI 49102

ADMISSIONS 24 HOURS, 7 DAYS A WEEK.

AGES 18 & OLDER

State Licensed and accredited by CARF.

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www.sacredheartcenter.com
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Sacred Heart is the largest women’s specialty substance use disorder provider in the state of Michigan. Sacred Heart offers women’s specialty services in both inpatient and outpatient settings.

WHAT ARE WOMEN’S SPECIALTY SERVICES?
Sacred Heart women’s specialty services utilize a combination of best practices and evidenced based therapeutic techniques at all levels of care. Treatment services including specialized medical care; family, parenting and child care; health and wellness classes; and a variety of additional services tailored to meet the needs of women are utilized during the course of substance abuse treatment with Sacred Heart.

RESIDENTIAL
Our Sacred Heart Clearview residential program offers women’s specific services in a safe, comfortable all-female service environment which is free from the distractions of a co-ed facility. Our Clearview women’s specialty program is truly unique, we are able to exclusively provide services to women, women who are pregnant and women who are in need of bringing their children into treatment with Sacred Heart.

Clearview offers both short and long term residential treatment. Connected with our Clearview program is a number of independent living apartments and a recovery home in St. Clair County.

OUTPATIENT
Women specialty outpatient services offer a therapeutic program to address the specific issues of women in recovery. Women will experience dealing with everyday tasks such as daily living skills, parenting, problem solving, conflict resolution and budgeting in a safe and supportive learning environment.

WHO QUALIFIES FOR THESE SERVICES?
Women with any/all of the following issues:
- Pregnant with Injecting Drug Use
- Pregnant
- Children’s Protective Service Involvement
- Injecting Drug Use - Pregnant or with Dependent Children
- All dependent children of women with Substance Use Disorder problems severe enough to warrant treatment are potentially at risk and therefore these women are able to utilize Women’s Specialty Services.

PRIORITY ACCESS TO TREATMENT
Women who are pregnant, or women with parental rights to their children are placed on a priority list for admission to treatment services. These treatment services are provided through state and federal funds. Women who are enrolled in Medicaid are considered a priority for admission to treatment services, and are immediately admitted to treatment. Parents who are involved with Children’s Protective Services, or whose children are in foster care or placement with relatives, are also eligible for services.

Continuum of Care
- Detoxification Services
- Residential Treatment
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Sacred Heart provides outpatient behavioral health services for mental health and substance use disorders for adults, family, children, adolescents, older adults, veterans, and court treatment services at several locations throughout Michigan.

The services offer a course of treatment as an alternative to residential care or continuing treatment for individuals who have completed residential care. These services are specifically tailored to promote the recovery of each individual client.

Course of treatment and services may include evaluations, assessments, education, prevention and a blend of group therapy, interactive group didactics, specialty groups, 12-step groups and individual therapy to treat issues such as: Depression, Anxiety, Relationship Difficulties, Grief, Trauma, Loss, Addictions, Eating Disorders, Fears, Phobias, Conduct Disorders, and Attention Deficit Disorders.

GROUP THERAPY
Group therapy is offered daily. Each client is assigned to a therapy group that would appear to be the best match for his or her particular needs. Group therapy typically lasts approximately 90 minutes.

INTERACTIVE GROUP DIDACTICS
Each client attends a didactic group that lasts approximately 90 minutes. The didactic groups cover such topics as: Disease Concept

SPECIALTY GROUPS
Specialty groups consist of one to five interactive sessions per topic, each session approximately 90 minutes in length. Each session involves the client’s active participation in a structured learning activity.

INDIVIDUAL THERAPY
Individual therapy is provided at least once each week in Intensive Outpatient. Individual therapy sessions generally last approximately 60 minutes. They may also take the form of conjoint or family sessions.

Sacred Heart has assembled a clinical team that has the necessary expertise and clinical skills to treat behavioral health issues. The staff adheres to nationally recognized best practice treatment methods to effectively impact positive changes.

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Prevention services involve working with other entities within the community including (but not limited to) schools, SADD chapters, mental health, law enforcement, probation departments, health and human service agencies. These collaborations increase the effectiveness of the prevention services.

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“If it wasn’t for Sacred Heart and the support of my family, I don’t think I would be here today.”

These words are typical of the hundreds of clients who have received help through the HIV/AIDS Care Program since its beginnings in 1988. For over 25 years, we have provided free, confidential care services to men, women and children living with HIV/AIDS. **Your confidentiality is at the cornerstone of our services.**

**HIV/AIDS CARE SERVICES**
Care Case Management • Client & Class Advocacy • Prescription & Dental Assistance • Housing Assistance • Emergency Assistance • Information & Referral • HIV Testing • Prevention Education • Client Educational Sessions • Patient Navigation • Personal Care Items

**COMMUNITY HIV TESTING & PREVENTION EDUCATION**
The HIV/AIDS care staff regularly conducts HIV prevention education presentations, free HIV testing and the distribution of safe sex materials to the general public.

**PATIENT NAVIGATION**
These services are to provide support, advocacy, and assistance to persons who have dropped out of HIV/AIDS medical care or who may be on the verge of dropping out of medical care. These services assist individuals by clearing the barriers which have prevented them from remaining in care and assists in navigating them through the HIV/AIDS medical care system.

**WHAT DOES THE PATIENT NAVIGATOR DO?**
• Works with HIV/AIDS patients one-on-one;
• Provides necessary skills and support to help the patient re-enter medical care;
• Monitors the patient’s progress;
• Arranges language translation or interpretation services if needed;
• Partners with local health departments, HIV/AIDS medical case management agencies, Hospitals, Doctor’s offices, and a variety of health and human services;
• Conducts free confidential and anonymous HIV testing in the Saginaw & Flint communities to identify individuals who are unaware of their HIV status.

**AIDS WALK GREAT LAKES BAY REGION**
This walk is an annual fundraising event held in late September which raises funds to support the HIV/AIDS Care Program. The funds raised from this event help provide vital support services, including the client food pantry, including essential non-food items, client educational/support group sessions, client emergency fund, personal care items, and community HIV prevention education and testing.

**HIV/AIDS CARE LOCATIONS**
Serving all ages

**BAY CITY**
P: 989.894.2991
1106 N. Washington Ave.
Bay City, MI 48708

**FLINT**
P: 810.732.1652
2091 Professional Drive
Flint, MI 48532

**SAGINAW**
P: 989.776.6000
301 E. Genesee Ave.
Saginaw, MI 48607

**PATIENT NAVIGATOR**
P: 810.732.1652 x 5224
P: 989.776.6000 x7516

HIV/AIDS Care Program is supported through Ryan White Title II funding through the Michigan Department of Community Health and United Way of Bay County.

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Sacred Heart Rehabilitation Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

Sacred Heart provides a successful transition to the community with housing that is safe, secure, and free of substances. Housing is low cost, substance-free environment with a level of peer supervision and support for recovery. We offer the supportive independent living for women and women with children whom are engaged in our outpatient continuum of care services.

Sacred Heart offers supportive independent living in two different cities: Port Huron and Detroit, Michigan.

**PORT HURON HOUSING OPTIONS:** Three-Quarter Transitional House which houses single women or Permanent Supportive Housing which includes one, two and three bedroom apartments that houses single women and women with children.

**LOCATION:** Port Huron, Michigan

**REQUIREMENTS:** Women 18 and older with or without children and pregnant women. Women must be homeless, be able to provide documentation and engage in our outpatient continuum of care services. Potential residents must complete the Sacred Heart/Clearview Community Housing Program Admission application and sign a sobriety contract. Residents are expected to maintain a 40 hour productive work week (includes IOP, OP, Relapse Prevention, Volunteer Work, Individual therapy, and employment), plus attend four to six AA/NA meetings a week.

**PAYMENT:** Rent is based on income.

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**SUPPORTIVE INDEPENDENT LIVING LOCATIONS**

**PORT HURON, MI**
P: 810.987.1258
F: 810.987.3505

SACRED HEART REHABILITATION CENTER, INC., is a nonprofit, non-denominational 501(c)(3) organization.

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**Continuum of Care**

- Detoxification Services
- Residential Treatment
- Women's Specialty Services
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- Prevention Services
- HIV/AIDS Care Services
- Supportive Independent Living Services
Sacred Heart Rehabilitation Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

Sacred Heart provides innovative, non-traditional outpatient medication-assisted opiate treatment programs that are integrated into greater health and wellness oriented services.

Research has clearly established that methadone replacement therapy, when done well and ethically, is the most efficacious approach to initiating sustained recovery for certain individuals.

The Sacred Heart outpatient medication-assisted opiate treatment program incorporates the use of medication into a comprehensive, individualized treatment plan which attempts to enable each client to achieve the highest level of functioning and, ultimately, to live drug-free.

Sacred Heart uses a best practice model which combines the extensive use of cognitive behavioral therapy supported through the extensive use of motivational enhancement practices and the reward system inherent in the 12-Step fellowship. The treatment regimen consists of individual and group therapies, didactics, opiate specific education, medication administration and support.

The administration of methadone will occur daily for each client until take home privileges have been qualified for and earned. Clients will also be encouraged toward a methadone-free recovery as they demonstrate the strength, support and desire to do so. As with our other services, we discourage the fostering of dependency on any form of therapy beyond its useful value.

We recognize that some clients may never reach the ultimate goal and that those who cannot should be provided with quality services which enable them to maximize their quality of life.

All treatment is provided by properly prepared and credentialed staff.

**PAYMENT**

Treatment is covered by most insurances, with expert assistance provided to determine the availability of benefits or additional financial options.

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**Continuum of Care**

- Detoxification Services
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- Outpatient Services
- Prevention Services
- HIV/AIDS Care Services
- Supportive Independent Living Services

**LOCATIONS**

**ADULT MEN & WOMEN, INCLUDING OPIATE DEPENDENT PREGNANT WOMEN**

Please call for hours and to schedule appointments.

**FLINT, MI**
2091 Professional Dr.
Flint, 48532
P: 810.732.1652
F: 810.732.1735

**MADISON HTS., MI**
1400 E. 12 Mile
Madison Hts., 48071
P: 248.658.1116
F: 248.658.1120

**RICHMOND, MI**
400 Stoddard Rd.
Richmond, 48062
P: 810.392.2167
F: 810.392.3385

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Sacred Heart Rehabilitation Center provides substance abuse evaluations for Secretary of State hearings.

Information you need to know

In order for Sacred Heart Rehabilitation Center to aid you in your efforts to regain your driver's license, please do the following:

A. The State of Michigan requires that you be abstinent from alcohol and other drugs for at least one year prior to having your evaluation done. You cannot be considered for having your license back unless you do so. In addition, any letters written from people on your behalf (see section C) must also document this.

B. Before coming to the evaluation, please know your lifetime conviction history. This includes drinking and driving offenses, as well as any other convictions involving alcohol and other drugs (i.e., Open Intoxicants, Minor in Possession, Possession of Marijuana, etc.) This includes offenses in States other than Michigan. You can obtain a copy of your record from the Secretary of State office; ask for your complete driving record.

C. Bring to your evaluation any letters from people who have written them on your behalf addressing your drinking and/or other drug use. The State will require you to provide at least 3 but no more than 6 of these letters which are required to be notarized. Also bring documentation of any AA or other support group attendance and information about your substance abuse treatment history.

D. A full drug screen is required as part of your evaluation. This will involve you providing a monitored urine sample while you are here and the results from the lab should be available in 7-8 business days. You will be called when the results are in and you can pick up your evaluation and lab results.

E. The cost of the Driver's License Evaluation is $175. Please plan to be at the Sacred Heart location you made the appointment at for one (1) hour for the evaluation.

F. Look over the forms from the Secretary of State to make sure you understand the expectations required for your evaluation and appeal hearing.

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Continuum of Care

- Detoxification Services
- Residential Treatment
- Women's Specialty Services
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- Supportive Independent Living Services
Sacred Heart Rehabilitation Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

Sacred Heart provides Peer Recovery Support Services to:

- Assist individuals in increasing their access to community resources and link consumers to those resources.
- Assist individuals in developing and maintaining their basic needs.
- Teach conflict resolution skills, problem solving, and relationship building.
- Assist in transportation and provide support for various appointments.
- Provide coordination and assistance to individuals for education and employment.
- Promote and assist individuals in the recovery process.
- Be a role model to the consumer.

**PAYMENT**

Expert assistance provided to determine the availability of benefits or additional financial options.

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**PEER RECOVERY SUPPORT SERVICES LOCATIONS**

**ADULT MEN & WOMEN**

Please call for hours and to schedule appointments.

**BAY CITY**

1106 N. Washington Ave.
Bay City, MI 48708
P: 989.894.2991
F: 989.895.7669

**PORT HURON, MI**

1406 8th Street
Port Huron, MI 48060
P: 810.987.1258
F: 810.987.3505

**RICHMOND, MI**

400 Stoddard Rd.
Richmond, MI 48062
P: 810.392.2167
F: 810.392.3385

**SAGINAW**

301 E. Genesee Ave.
Saginaw, MI 48607
P: 989.776.6000
F: 989.776.1710

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**DEDICATION**

Sacred Heart Rehab Center is dedicated to assisting all people with behavioral health issues, including those with limited means, to improve their quality of life.

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**CONTINUUM OF CARE**

- Detoxification Services
- Residential Treatment
- Women’s Specialty Services
- Outpatient Services
- Prevention Services
- HIV/AIDS Care Services
- Supportive Independent Living Services

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